



LAKE ERIE'S EDGE

ANN MARSHFIELD

Greetings fellow swimmers! In November 2021 Lake Erie LMSC held its annual meeting and elections. Jay Definis led Lake Erie LMSC for the last four years serving as Chair. Thank you Jay for all you have done for our members. As I begin my tenure as Chair it is my goal to lead our dynamic Board of Directors: Vice Chair, Laura Wright, Secretary, Dee Shedlow, Treasurer, Mark Marshfield, and Membership Coordinator, Ashley Braniecki, to enhance Masters Swimming throughout Northeast Ohio. This leadership team, as well as representatives of each Masters Swim club work together to develop and enact policies that benefit the membership at large. Our robust agenda this year includes three strategic goals: 1) Improve communications, 2) Invest in our swimming community and 3) Develop a succession plan to ensure long-term viability of LELMSC. Our Standards and Measures of Success can be found at the following link: <https://lakeeriemastersswimming.org/>

On behalf of the leadership team I look forward to the year and the implementation of our goals.

Swim safe, swim hard and finish strong.

Ann Marshfield
Chair

TREASURERS CORNER

Treasurer's Corner (3/25/22):

Happy Spring to all. I'm sure that those who swim outdoors are looking forward to the 2022 season of open water swimming. The budget year meanwhile is progressing as expected and as follows:

1. Receipts for the early part of the year are likely mostly in the account. Remaining incoming monies will come at the end of the year when members register for 2023.
2. Relay 2022 was budgeted for 2 people at \$1600, and we were able to send 3 people to represent and learn at the event in Denver. The final tally of costs, flights and \$100 per person for food and incidentals came to \$1,735.89. So, slightly over budget.
3. Four of our LMSC members attended an ALTS training class in Buffalo. Three of them asked for reimbursement of half the course cost and those requests were paid, resulting in expending \$300 of the total \$600 budgeted for ALTS this year. I do not think the fourth person will ask to be reimbursed in the future.
4. On the negative side of the ledger, two checks mailed last October were cashed in January by the clubs. These checks were the reimbursements to clubs that the LMSC provided last year but will be in this years expenditures, an unplanned line item will total \$514.54.
5. Club Registrations of \$60 are reimbursed by previous board approval of the procedure. That said the clubs have to ask to get reimbursed. I failed to allow for this expenditure item in the '22 Budget. The total cost would be \$420 for this item. Thus far, only one club has asked to be reimbursed. Those funds were forwarded to the club.
6. Sanction fees were paid for the Hudson Meet (December '21) and the Pieter Cath Meet (January '22).
7. The Top Ten Patches program run by Judi Norton has generated \$550.77 so far this year.
8. Lastly, the LMSC has received donations by members when they registered totaling \$105. Thank you.

Best Regards to all, Mark Marshfield, Treasurer

2022 BROGAN OPEN WATER CLASSIC

We're looking for a comeback! After being canceled by the pandemic in 2020 and the weather in 2021, we're hungry for open water racing at Edgewater Park Beach in 2022. The Brogan Open Water Classic will be held July 9 in Cleveland. This year we are excited to be hosting the **2022 U.S. Masters Swimming Sprint-Distance (1-mile) Open Water National Championship**. To swim in the championship event, you must be a member of U.S. Masters Swimming and you may not wear a wetsuit.



**2022 SPRINT-DISTANCE
OPEN WATER NATIONALS**

Race information is at <http://ohiomasters.com/brogan-owc>. Enter online at https://www.clubassistant.com/club/meet_information.cfm?c=1236&smid=14366. Please spread the word around your workout groups.



In addition to the 1-mile championship race, we will run non-championship 1-mile and 2-mile races. These non-championship events will have both wetsuit and non-wetsuit divisions. All participants will receive a race tee, race swim cap, a finishers prize and great food after the race.

Special thanks to the swimmers of the Great Lakes Zone for making a major financial contribution to our race. Your support helps us promote open water swimming in Cleveland, Lake Erie and throughout the Great Lakes!

Entries opened March 1 and we currently have 110 entries. Registration fee is \$70 and will jump to \$85 on June 8. Entries close on July 2, or when we reach our maximum of 300 participants.

Deadlines to keep in mind:

- June 8: Race fee increases by \$15
- July 1: Paper entries due
- July 2: Online entries due
- July 9: Race Day!

We need lots of volunteers to make this event work. Volunteers receive an event tee, post-race food and the satisfaction of knowing that you're helping your teammates achieve their goals. ***If you are not swimming, please plan to volunteer.*** We especially need kayakers/paddleboarders to support our swimmers. A list of opportunities and sign-up are at <https://www.signupgenius.com/go/60b084fafa82ba4f49-2022>.



We have reserved a small block of rooms at the beautiful Aloft Cleveland Downtown Hotel. To receive the special rate of \$229, use this link to register by June 8:

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1645816141383&key=GRP&app=resvlink>.

Be sure to like our Facebook page at <http://www.facebook.com/broganopenwaterclassic/> and click “Interested” on our event. We will be posting regular updates to this page.

We look forward to seeing you all on July 9. Come join us for this great event!

SWIMMER SPOTLIGHT

This month’s Swimmer Spotlight features Shaker Sharks masters swimmer, Anne Gecowets. Anne joined Shaker Sharks about twelve years ago, though her masters journey started after college when she competed in masters meets. She later swam with a group of swimmers at Case Western Reserve University. When the group folded, she joined Shaker Sharks. Anne enjoys swimming at Shaker Sharks because workouts include a coach on deck. She also enjoys swimming with encouraging lane mates who have similar swimming abilities.



Anne recently retired from a career in nursing. While considering ways to give back during her retirement, Anne came across an LMSC notification email, alerting Lake Erie LMSC members of a USMS Adult Learn to Swim instructor training in Buffalo, New York. Anne took advantage of the opportunity and now is a certified ALTS instructor. She is looking forward to sharing her love of swimming with others.

Anne is passionate about all activities related to the water – including sailing, kayaking, and teaching SCUBA diving. If you see Anne at the pool – or lake, please congratulate her on her retirement!

COACHES CORNER

Congratulations to O*H*I*O Masters Swim Club newest USMS Level 1 Certified Coaches!



Nelson Abbey has been a Masters swimmer at C.T. Branin Natatorium in Canton for many years. He has been instrumental in forming a workout group since the pool reopened after a lengthy shutdown due to extensive renovation and Covid. He has taken to coaching this workout group for the benefit of all the swimmers. Nelson also serves as Chair of the Coaches Committee for Lake Erie LMSC. As Chair he is focused on outreach to

coaches and those interested in coaching within the LMSC by promoting educational opportunities from USMS for coaches of all levels.



Mark Stewart started swimming as an adult and joined O*H*I*O Masters Swim Club over 15 years ago. Before Masters Swimming, Mark had dabbled in various sports, and he expected to last a month or two before moving on. Years later he's still here. It's the swimming, and it's the people. As a fitness swimmer, Mark embraces the motto "Swimming a Masters workout adds another healthy day to your life." Mark has recently retired from NASA and serves as a substitute coach for O*H*I*O Masters Swim Club at Lakewood High School.

MEMBERSHIP COORDINATOR'S REPORT

As of March 31, 2022, Lake Erie LMSC has 430 swimmers registered for the 2022 season. This includes eight swimmers registered under new club Rec2Connect Razorsharks. Welcome, Razorsharks!

Lake Erie LMSC	3/31/2022	2021	2020	2019
Total Number of Swimmers	430	493	474	544
Amherst Aquatic Club	14	14	2	8
Cleveland Aquatic Team	23	18	19	21
Hamachi Swim Warriors	NR	NR	1	NR
Kraken Masters	NR	NR	NR	5
LifeTime Swim Lake Erie	NR	NR	1	3
Liquid N' Durance	8	13	25	22
Massillon YMCA Stingrays	0	0	2	9
Medina Masters	16	16	20	24
O*H*I*O Masters	281	324	296	308
Rec2Connect Razorsharks	8	NR	NR	NR
Shaker	40	54	54	66
Towpath Masters	NR	NR	NR	3
Unattached	40	54	54	71
WHMS	NR	NR	NR	4
Total	430	493	474	544

A warm welcome to the following *new* Lake Erie LMSC members who have joined our LMSC for the first time during the 2022 registration period (through 3/31/2022):

O*H*I*O Masters

Leeron Azoulai
Erin Beardsworth
Brian Bourke
Joe Collum
Donna Jennings
David Finley
Dominic Gallo
Janet Hansen
Jon Heavy
Allie Kenney
Stacey Keyser
Andy Leither
Amanda Mills
Rachel Onders
Sarah O'Reilly
Daniela Ouro
Rachel Pryor

O*H*I*O Masters

Alexander Quinn
Mike Rinaldi
Brittany Sekula
Tracy Smith
Nicholas Tamjidi
Carlee Tulett
Zach Young
Jessica Springer

Amherst

Cindy Buckosh
Cortland Hill

CAQT

John McAfee
Ashley Zipp-Estep

Razorsharks

Philip Fischer
Ariel Lively
Jarrod Lively
Anne Murray
Zion Sledge-Barnes
Eliot Slifcak

Unattached

Peter Anagnostos
Leah Griffith
Matt Keyerleber
Heather Sheller
Julia Ver Voort
Megan Voigt
Michael Wallace

NEWS FROM THE MEETS

O'H*I*O Masters Swim Club SCM Swim Meet



Sixty swimmers ages 22 to 86 from nineteen different clubs traveled to Hudson, Ohio to participate in the short course meters swim meet December 11 & 12, 2021.

The natatorium has recently been renovated which added additional deck space, spectator seating, windows to allow for natural light to filter in, new diving blocks and scoreboard. These changes offered a bright and inviting venue which was quite an improvement from the windowless and dark natatorium of years

past. The two-day swim meet offered all the events including the 1500, 800, 400 freestyle as well as the 400 IM. Swimmers could swim as many as six individual events each day. Swimmers could also swim in relays which did not count toward their individual event total.



Rhiannon Reese & Julia Ver Voort



Brian Jarvis, Megan Pycraft & Tim Moon

Among the participants were five First Timers who were swimming in their first ever US Masters Swimming sanctioned event. Congratulations swimmers! We hope you enjoyed meeting fellow swimmers and pleased with your results. Sure hope you will join us in a future competition!

2022 Pieter Cath Memorial Swim Meet

We had an amazing swim meet today and welcomed swimmers from newly registered team Rec2Connect. Among the highlights of this swim meet were the 17 "First Timers" who swam in their first ever USMS sanctioned event, several swims met national qualifying times (NQTs) and a marriage proposal!!! Swim meets are fun, exciting and rewarding. **Congratulations to everyone!**



First Timers:

Aubrey Chewing, Nicholas Farran, Leah Griffith, James Holt, Todd Jasinski, Trevor Johnson, Stacey Keyser, Jarrod Lively, Graham Loftus, Anne Murray, Nicholas Null, Joe Schlesinger, Eliot Slifcak, Tracy Smith, Ally Wampler, Ed Weaver and Kristen Wengerd.

Aaron Foreman proposed to Kayla Rogers at the 2022 **Pieter Cath Memorial Swim meet!** Congratulations!! She said **YES! Congratulations!**

2022 CSU SCY Meet

On Sunday, March 27th O*H*I*O Masters, or OLD HEARTS INSPIRING OTHERS as we are also known, hosted a Cleveland State (SCY) swim meet! The event was attended by over 100 swimmers, including 14 First Timers.



The natatorium features a ten-lane professional competition pool, a full-sized open warm-up pool, new adjustable diving blocks, and ample stadium seating for all spectators. In addition to the facility, Cleveland State provided several volunteer timers through their swim programs. From the bottom of our OLD HEARTS, we thank the volunteers who INSPIRED OTHERS by donating their time to organize and work this meet. We cannot express how much we value your support.

O*H*I*O Masters took a unique approach with this meet, splitting it into two distinct sessions. The first began at 8:30 am and offered attendees the option to swim either the 1,000 or the 1,650 yd Free. The second session began at 11 am and featured all other SCY individual events and a variety of relays. The divided session approach was well received with distance swimmers enjoying the recovery time and the other swimmers being allowed the opportunity to sleep in.

There was no shortage of impressive swims at Cleveland State on Sunday, with a wide range of attendees of various ages, experience, and ability. O*H*I*O Masters did our best to honor our swimmers by offering awards for competitors finishing 1st through 6th place in each age group for every event. While it is impossible to recognize all the impressive talent displayed at the meet, we wanted to take a moment to highlight a few outstanding achievements:

- 🏊 Louise Easton- At 83, she powered through the meet, competing in both sessions, and knocking out some tough events like the 1650, 500, and 200 Free to name a few.
- 🏊 Rhiannon Reese- Some swimmers go their entire career never attempting the 200 Butterfly. Not only was Rhiannon the ONLY swimmer at the meet to do the event, but she did it at an awesome speed of 2:29.80.
- 🏊 Alexander Quinn- This first timer was no rookie in the pool. Alexander (or AJ) took first place in every event he swam. He managed to not only surprise spectators, but also himself with a 2:04.65 in the 200 IM.

This was truly a spectacular swim meet! We could not have put this together without the massive turnout of passionate competitors and selfless volunteers. Congratulations to all swimmers and thank you to all our volunteers! We can not wait to see you again!

First time O*H*I*O Masters Meet Participants:

Alexandra Balle, Joe Collum, Craig Finger, David Finley, Dominic Gallo, Chuck Gerheim, Amanda Gesouras, Harold Kahler, Matt Keyerlebes, Alexander Quinn, Zion Sledge-Barns, Tracy Smith, Nicholas Tamjidi, Sara Tillie



ADULT LEARN TO SWIM

What is ALTS??? ALTS is a wonderful branch of USMS that has the distinction of being the one area of Masters swimming that can save lives!



**ADULT
LEARN-TO-SWIM**

ALTS is an acronym for adult learn-to-swim. Most people are surprised to learn that most people who drown are adults. More than a third of adults in the United States cannot swim the length of a pool and this puts them at risk for becoming a drowning statistic. Our close proximity to Lake Erie makes the risk even greater.

USMS hosts an Adult Learn-to-Swim Month campaign every April. If you know an adult who cannot swim, make it your mission this April to take them to a pool and have them learn to swim. Maybe they will muster the courage to try if you are next to them on the deck and in the water. Get them some lessons!

USMS aims to reduce adult drowning risk by offering swim lessons in April but due to Covid safety concerns, the LELMSC is going to offer **free swim lessons for adults on June 26 from 9 AM to 10:45 AM at the Avon Aquatic Center, 36265 Detroit Rd. Avon, Ohio 44011. I am asking all currently certified ALTS instructors to email me and let me know if you are able to help on June 26.** My email is ohiomastersinfo@gmail.com

Judi Norton
LE LMSC ALTS Coordinator

NEWS YOU CAN USE

Summer Swim Opportunity:

June 13 to Aug 29 - Mondays, 6:30 pm to 7:30 pm
Avon Aquatic Center 36265 Detroit Rd. Avon, Ohio 44011

Outdoor coached swim practices for all levels of adult lap swimmers.
You don't have to be a USMS member to participate, but should be able to swim about 500 yards in an hour (not all at once) somewhat comfortably.

USMS TOP 10 – 2021 SCM

Place	Event	Name	Age	Club	LMSC	Time
Women 18–24						
10	100 Free	Hannah J Langer	23	CAQT	Lake Erie	1:08.02
8	200 Free	Julia R Ver Voort	23	UC18	Lake Erie	2:35.60
3	400 Free	Julia R Ver Voort	23	UC18	Lake Erie	5:17.39
4	50 Back	Hannah J Langer	23	CAQT	Lake Erie	36.00
4	100 Back	Hannah J Langer	23	CAQT	Lake Erie	1:14.20
2	200 Back	Hannah J Langer	23	CAQT	Lake Erie	2:41.02
6	100 Breast	Julia R Ver Voort	23	UC18	Lake Erie	1:26.45
Women 25-29						
4	1500 Free	Kinsey Kolega	29	CAQT	Lake Erie	24:56.26
10	200 IM	Kinsey Kolega	29	CAQT	Lake Erie	3:32.54
Women 35–39						
6	1500 Free	Renee Harden	39	MEDM	Lake Erie	25:17.81
8	200 Back	Ashley L Braniecki	36	O*H*	Lake Erie	3:00.25
10	100 Fly	Ashley L Braniecki	36	O*H*	Lake Erie	1:16.82
10	200 IM	Ashley L Braniecki	36	O*H*	Lake Erie	3:00.40
5	400 IM	Ashley L Braniecki	36	O*H*	Lake Erie	6:24.73
Women 45–49						
9	200 Back	Kristi N Tabaj	48	O*H*	Lake Erie	3:22.31
9	200 Breast	Kristi N Tabaj	48	O*H*	Lake Erie	3:41.45
8	200 IM	Kristi N Tabaj	48	O*H*	Lake Erie	3:29.40
Women 60–64						
7	800 Free	Judith H Norton	64	O*H*	Lake Erie	12:24.52
7	200 Back	Judith H Norton	64	O*H*	Lake Erie	03:17.2
9	200 Breast	Ann K Marshfield	63	O*H*	Lake Erie	04:00.0
7	400 IM	Judith H Norton	64	O*H*	Lake Erie	07:10.4
Women 65–69						
10	200 Free	Diane F Spence	68	O*H*	Lake Erie	3:01.08
9	400 Free	Diane F Spence	68	O*H*	Lake Erie	6:09.45
6	800 Free	Diane F Spence	68	O*H*	Lake Erie	12:47.10
5	1500 Free	Diane F Spence	68	O*H*	Lake Erie	24:00.12
4	200 Breast	Diane F Spence	68	O*H*	Lake Erie	3:52.06
Women 75–79						
8	200 Free	Susan Paris	75	O*H*	Lake Erie	4:08.52
6	400 Free	Susan Paris	75	O*H*	Lake Erie	8:43.96

Women 80–84						
7	50 Free	Luise E Easton	83	O*H*	Lake Erie	36.00
10	100 Free	Luise E Easton	83	O*H*	Lake Erie	2:17.01
8	200 Free	Luise E Easton	83	O*H*	Lake Erie	4:50.69
6	400 Free	Luise E Easton	83	O*H*	Lake Erie	9:56.51
4	50 Breast	Luise E Easton	83	O*H*	Lake Erie	1:19.94
Men 18–24						
7	200 Back	Stephen R Soboslay	21	OHAAC	Lake Erie	2:54.84
Men 25–29						
2	800 Free	Andrew McCollister	29	O*H*	Lake Erie	9:24.49
6	200 Breast	Andrew McCollister	29	O*H*	Lake Erie	2:42.20
2	400 IM	Andrew McCollister	29	O*H*	Lake Erie	5:03.27
Men 35–39						
7	50 Back	Tim I Moon	35	O*H*	Lake Erie	48.00
Men 45–49						
10	100 Back	Chad A Nance	49	O*H*	Lake Erie	1:10.48
6	200 Back	Chad A Nance	49	O*H*	Lake Erie	2:37.34
Men 65–69						
3	200 Free	Edward J Borsuk	68	O*H*	Lake Erie	2:23.49
7	400 Free	Edward J Borsuk	68	O*H*	Lake Erie	5:11.88
Men 70–74						
10	50 Free	Lawrence A Terkel	74	O*H*	Lake Erie	24.00
Men 80–84						
8	200 Free	David G Kelso	80	O*H*	Lake Erie	5:25.17
Men 85–89						
3	100 Free	Sid Hall	86	O*H*	Lake Erie	1:52.18
3	200 Free	Sid Hall	86	O*H*	Lake Erie	4:10.41

2021 USMS Top 10 SCM Relays for Lake Erie LMSC

Event	Club	Time	Swimmers (Age)			
Women 120–159						
200 Free	CAQT	2:31.54	Dee Shedlow (56)	Jenna M Halupnik (22)	Kinsey Kolega (29)	Hannah J Langer (23)
Mixed 160–199						
400 Medley	CAQT	6:46.84	Thomas W Stebel (59)	Jenna M Halupnik (22)	Hannah J Langer (23)	David M Douglass (67)
Mixed 280–319						
200 Free	O*H*	3:04.23	Lawrence A Terkel (74)	Susan Paris (75)	Luise E Easton (83)	Edward J Borsuk (68)
200 Medley	O*H*	3:50.66	Luise E Easton (83)	Lawrence A Terkel (74)	Duane V Grassell (64)	Susan Paris (75)
400 Free	O*H*	6:52.54	Lawrence A Terkel (74)	Susan Paris (75)	Luise E Easton (83)	Edward J Borsuk (68)

Mixed 320–359						
800 Free	O*H*	17:16.97	Sid Hall (86)	Susan Paris (75)	Luise E Easton (83)	Thomas E Spence (77)

Congratulations to all LMSC swimmers who posted Top 10 times!

CALL FOR SUBMISSIONS

Our newsletter is better for your ideas and contributions. Are you or a friend swimming in a meet outside the LMSC? Swimming a fundraiser? Want to be interviewed for the Swimmer Spotlight? Help us get to know each other and send articles, ideas for features or content to the newsletter editor, Dee Shedlow at dshedlow@yahoo.com