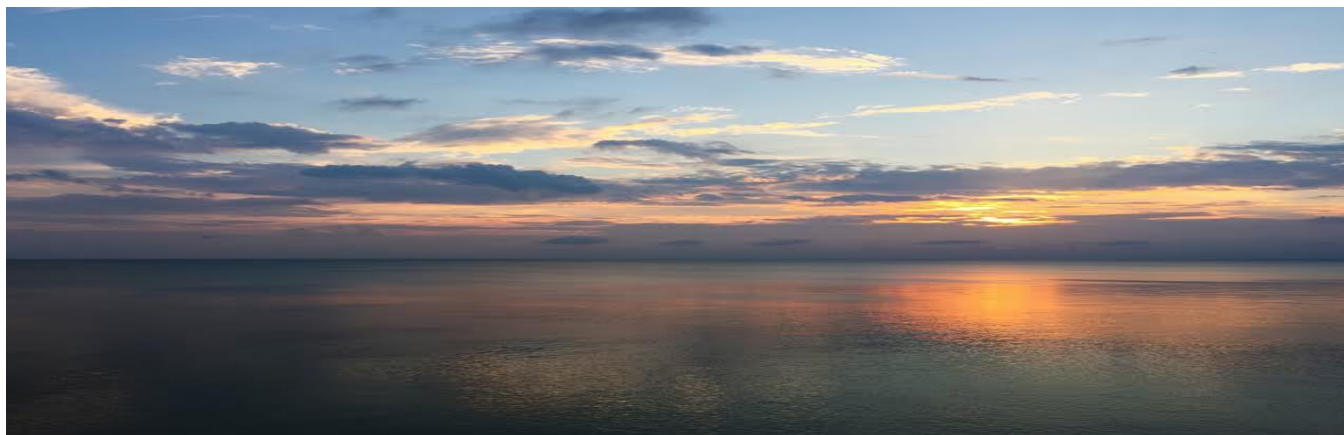

THE NEWSLETTER OF THE LAKE ERIE LMSC MAY 2019



LAKE ERIE'S EDGE Jay DeFinis

Spring Greetings!!

Spring is finally arriving along the lake Erie shores! Outdoor swimming is just around the Corner. The winter months were full of swimming activities!

Wanted to thank everyone who donated to the Cleveland State locker room project! We went the extra mile!! Donations of \$1500 to sponsor a varsity swim locker at CSU were received. The LEMSC contributed \$825 in addition, we now have a lifetime message promoting Masters Swimming! The handmade plaque (designed by CSU swimmers) will read:

LAKE ERIE LOCAL MASTERS SWIM COMMITTEE

The secret to success is to outlive the competition!

US Masters swimming is for life

www.usms.org

March 2 -4 th was the USMS Bi annual leadership summit in Phoenix ,AZ . Ann Marshfield and I attended the 2.5 day summit, the top 3 topics that were addressed:

Marketing swimming to our fitness swimmers and encouraging membership at the Club level, and the value of our coaches.

Open water swimming events and attracting swimmers.

The easy and understandable registration process, the communicating the USMS value proposition when you renew your membership.

USMS MISSION: “To Promote health, wellness, fitness and competition for adults thru swimming “

USMS VISION : “USMS will be the premiere resource for adult aquatic fitness in the United States and will make fitness through swimming available for as many adults as possible”

On that note , if you are interested in volunteering or have good ideas , please reach out to any of the board members or me personally at im4psu82@yahoo.com

A first in our LMSC was the April Adult learn to swim lessons offered at Westlake Rec Center. Five USMS certified ALTS (Adult learn to swim) instructors helped teach 10 adults to learn to swim April 14th! Thank you to Judi Norton for making this happen! This was a great program and we will be doing more this Summer and Fall! If you are interested in becoming a certified ALTS instructor please check out the link on the USMS web page for details! If you want to ask questions feel free to reach out to Judi or myself. Please Like and Check out the Swimming Saves Lives Facebook page and see all the amazing swim stories that are taking place across the country!

The Brogan Open water swim classic will take place July 13th at Edgewater Park! Chuck Beatty and the Ohio Masters crew have been working hard to put a the best one ever! For the 30th year!! Please help support the event, Volunteer , swim or just bring a friend and hang out!

One last note of interest Nick Douglass will be retiring as the editor of the newsletter, this is his last issue! A HUGE thank you for helping make the communication better in our LMSC. We will be looking for someone to take that role over. If you are interested please let me know! If you see Nick don't forget to thank him for everything he has done.

Thank you for the opportunity to serve and supporting swimming in our region. See you at Lake Erie's shore soon!!

Jay DeFinis

Tuesday, June 4: 5:30 pm - 7:30 pm, Main Edgewater Beach

Beach cleanup season has begun. As a way to give back to our community and keep Edgewater Beach a great place to swim join Drink Local, Drink Tap to pick up trash and debris. Included is an after-pate hosted by Great Lakes Brewing Company.

No reservations necessary, just show up ready to clean up!!

O*H*I*O Masters ALTS Instructors Share their Skills

Last April, Ohio Masters members donated their time and skills to help new swimmers progress toward swimming proficiency. Thanks to the Westlake Rec. Center's donation of pool time, O*H*I*O Masters members Jay Definis, Ashley Braniecki, Ann Marshfield, Judi Norton and honorary member for the day, Sarah King, offered one on one instruction to those who wanted to take the next step toward swimming for life. Skills taught included everything from just getting the face in the water to perfecting rotary breathing. Both swimmers and teachers enjoyed sessions, especially when a student finally experiences that, "Ah HA!" moment.

We hope to run a similar program at Avon Aquatic Center next summer. If you would like to get in on the fun, the first step is to be certified as an Adult Learn to Swim Instructor (ALTS) through USMS. Because this is such an important program (most people who drown are adults!), the LELMSC board will pay for ½ of the cost of the training. If you are an O*H*I*O Masters member, they will pay for the other half.



ALTS instructors Ashley, Judi, Jay, Sarah and Ann get ready to help new swimmers.



Ann, Jay, Judi and Ashley (clockwise) help out new swimmers as part of USMS Adult Learn to Swim Month last April.



Congratulations to Chuck Beatty and Arnie Colvin as newly certified USMS Coaches!

Chuck coaches a workout group at the Cleveland Clinic Akron General Health and Wellness Center.

Arnie coaches the evening workout group at Lakewood High School.



Chuck Beatty



Arnie Colvin

Saturday, July 13, 8 am, Edgewater Park

Brogan Open Water Classic



Registration is now open for this event. Don't miss out register [here](#). Don't want to swim? Volunteers are needed. Do you have swim meet coupons to spend? Aquatic Outfitters will have their pop-up store at this event which is a perfect time to redeem your coupons for some swim swag, goggles and suits. Come on out for a great day at the beach.



Need to get in shape for the summer? Try the Summer Fitness Challenge, a 2K that takes place between **July 15-31**, the second event in the [SmartyPants Vitamins USMS Fitness Series](#).

Register [here](#)

Saturday, August 24, Avon Aquatic Center

(rain date, August 25)

End of Summer Spectacular LCM swim meet

This is a great opportunity to see how your long course training paid off all summer long. For details and to register go [here](#).

From USMS

The USMS History and Archives Committee needs YOUR help on two important projects! If you need any clarification on the following requests, please contact Lake Erie LMSC Secretary, and History and Archives Committee member Ashley Braniecki at Ashley.braniecki@gmail.com. Thanks in advance for your help!

- Missing SWIM Magazine originals: The History and Archives Committee needs to locate original SWIM Magazines, which are in good condition (though they would also accept less than good). If you or a swimmer friend have one or more of the following, and would be willing to part with it/them, please contact History and Archives Chair Barbara Dunbar (DunbarLaw@aol.com) AND Vice-Chair Meegan Wilson (Meegan@kodhaus.com). These would be considered donations to USMS. Postage is reimbursable (contact Barbara, Meegan, or Ashley for details).
 - 1984 Oct / Nov Vol #1 Issue#1
 - 1984 Dec / Jan Vol #1 Issue #2
 - 1985 Feb/March Vol #1 Issue #3
 - 1985 April / May Vol #1 Issue #4
 - 1985 June / July Vol #1 Issue #5
 - 1985 Aug / Sept Vol #1 Issue #6
 - 1985 Oct / Nov Vol #2 Issue #1
 - 1985 Dec / Jan Vol #2 Issue #2
 - 1986 Feb / March Vol #2 Issue #3
 - 1986 April / May Vol #2 Issue #4
 - 1986 June / July Vol #2 Issue #5
 - 1986 Aug / Sept Vol #2 Issue #6
 - 1986 Oct / Nov / Dec Vol #2 Issue #7
 - 1988 March / April Vol #4 Issue #2
 - 1991 Sept / Oct Vol #7 Issue #5
- Old Top Ten Identification Project: The History and Archives Committee needs to continue to identify swimmers whose names appear on the early Top Ten listings. The full list of swimmers with missing information can be found at https://www.usms.org/hist/tt_swimmers_no_id.pdf. This list is presented two different ways. Pages 1 -11 is an alphabetic listing, while pages 12 - 28 are listed by LMSC (HINT - Lake Erie LMSC is on PDF page 17). In many cases, the Committee is looking for additional information (birth date, maiden name, married name, city and state of residence, or swim club affiliation). In some cases, the name is misspelled, so you may be able to provide the correct spelling. If you find information, please send an email to History and Archives Committee Chair Barbara Dunbar. Lake Erie swimmers listed are as follows:
 - Robert Anderson
 - Art Campbell
 - Ben Ledger
 - Winston McClintock
 - Frederick Neale
 - B Phillips
 - Elizabeth Riley
 - S Soladates
 - James Williams

From the Registrar:

Currently our LMSC has 475 (255 Men and 220 Women) who have registered so far this year.

We now have 12 teams registered .

The following is a list of our teams and the contact person as officially listed on the U.S.M.S. website:

Amherst Aquatic Club – Mary Bartek

Cleveland Aquatic Team – Todd Urban

Kraken Masters – Brandon Staley

Life Time Swim Lake Erie

Liquid N'Durance – Leah Nyikes

Massillon Y Stingrays – Susan Alberts

Medina Masters Swim Club – Doug Thomas

O*H*I*O Masters Swim Club – Anne Marshfield

Shaker Swimming – Eric Peterson

Towpath Masters – Carol Howard

Warren Harding Aquatics Team – Steve Luko

Yellow Jackets Aquatic Club – Laura Wolfe-Demaline

Please check out this website for a list of area workout groups and locations:

www.ohiomasters.com/ohioswim.htm

New Members to the Lake Erie LMSC

Ohio Masters Swim Club (O*H*)

Katie Miller Michael Sanchez Donald Harrington
Christine Ferrante Diane Hurd Daniel Andreev Caroline Ritenour
Jessica Wagner Amanda Knapp Amanda Marlow

Shaker (SHSH)

Jelani Watkins Nathan Braswell Erin Foster

Cleveland Aquatic Team (CAQT)

Clara Forero

Amherst Aquatic Club (AAC)

Lindsay Aruskevicius Wendy Golski Kristen Wengerd Elaine Heyd
Catherine Flaherty

Medina Masters (MEDM)

Angela Nicholson Brian Stromberg Julie Stromberg Tamra Parker-Davis

Liquid N'Durance (LND)

Michael Darrah

Life Time Swim Lake Erie (LTLE)

Marilyn Matevia

Massillon YMCA Stingrays (MYS)

Anthony Schupp

Unattached (UC 18)

Laura Whitfield Ashley Hartman Sjean Andrews Laura Skerkoski
Brian Overberger Laura Gooch Atahan Yaya Patrick Savage
Samantha Damstetter Jackson Cooper Benjamin Morris



Rick Waldock and Nick & Marilyn Douglass swam in the
26th Annual Fort Lauderdale Masters Challenge in February.

It was the last meet at the original Hall of Fame-Aquatic Center before renovation. Over 200 swimmers participated in the three day meet. We were fortunate to be able to work out with the Fort Lauderdale team during our stay. Some days were LCM and others SCY.

On the next page is a segment of the flyer for the renovation of this site.



CITY OF FORT LAUDERDALE

Fort Lauderdale Aquatic Center Renovation Project



Construction Start	April 2019
Opening	October 2020

On July 10, 2018 the Fort Lauderdale City Commission authorized staff to negotiate a design-build contract for the renovation of the Fort Lauderdale Aquatic Center with Hensel Phelps Construction Company in the not-to-exceed amount of \$27,000,000.

Hensel Phelps was awarded a design-build contract on August 21, 2018 with a guaranteed maximum price of \$26,995,368 based upon their own due diligence and the design criteria package in City's Request for Proposals (RFP) No. 12072-483 which provides specifications, requirements and 30% schematic designs.

Major elements of the design include:

- Remove existing 50M main competition pool and provide a new expanded fully FINA compliant standard pool with two stainless bulkheads. Size: 53M x 25M, 10 lanes; Depth: 2M – 3M – 2M
- Remove existing diving pool and provide new fully FINA compliant diving pool and tower including five platform levels (1M, 3M, 5M, 7.5M, 10M), and 1M and 3M springboards; Size: 25M x 25M; Depth: 6M
- Remove existing spa for divers and provide new spa. Size: 14FT x 10FT
- Repair existing 50M Training Pool with new surfacing and gutters. Size: 50M x 25Y; Depth 4FT – 12.6FT

In the May 5 issue of the Cleveland Jewish News O*H*I*O Masters swimmer Susan Paris was recognized for her accomplishments at the Ohio Senior Olympics. Congratulations Susan.

Editors note: The Ohio Senior Games are loosely affiliated with USMS - as the meet was a recognized USMS meet. All times swum at that meet will go into the USMS database.

Paris captures three gold medals at Ohio senior Olympics

ED CARROLL | STAFF REPORTER
ecarroll@cjn.org | [@EdCarrollCJN](#)

South Euclid resident Susan Paris won three gold medals at the Ohio Senior Olympic State Games on May 5 at Westerville Community Center in Westerville, a suburb of Columbus. She finished first in three swimming events and second in two other events.

Paris, 73, finished first in the 70 to 74 age group in the 100-yard freestyle, 200-yard freestyle and 500-yard freestyle events. She earned silver in the 50-yard freestyle and 50-yard backstroke events.

Paris said she started her athletic career as a marathon runner, but gave up running in the 1990s and switched to swimming. She trains at the Mandel Jewish Community Center in Beachwood, where she swims about 5 miles a week and 20 miles a month. She said she wasn't expecting to win gold at the event and attended the competition with some friends.

"I had heard about (the competition) for a couple years and just decided I was going to do it this year," Paris said. "I was very surprised and happy (to win). It was just something exciting, what can I say?"



South Euclid resident Susan Paris displays the medals she won at the May 5 Ohio Senior Olympic State Games. | CJN photo | Abby Royer

Paris, who is retired, said she plans one more competitive race this summer, the 2019 Brogan Open Water Classic July 13 at Edgewater Park in Cleveland. She will compete in the half-mile swim.

Registration Open for the Brogan Open Water Classic!

The 30th annual Brogan Open Water Classic will be held July 13 at Edgewater Park in Cleveland. We'll have 2-mile, 1-mile and ½-mile races around a diamond-shaped course in Lake Erie. We're celebrating a big anniversary, so come join the party!

Preparations for race day are well underway. We have all of our sanctions and permits, the timers and lifeguards are ready to go, the t-shirt has been designed, and we have our swim caps and awards. All we need now are competitors and volunteers!



Let's Make 2019 Our Biggest Year Yet

Last year we had 98 entries in the Brogan Open Water Classic. This year, we'd like to double that number. For those of you who love open water swimming, this event is a no-brainer. Sign up and come swim. We invite you talk up the event with your workout groups and lane mates.

Some of you are skittish about open water swimming—maybe all you need is a little encouragement. We invite you to join us for a Saturday morning swim at Columbia Beach in Bay Village. We'll help you get past your initial concerns. Once you do, you're going to love open water swimming forever.

You can find links for registration at <http://www.ohiomasters.com/ohiomeets.htm>. Online registration is preferred, but there is also a paper entry option. There is a discount for entries received by June 19, 2019. Paper entries must be received by Monday, July 8. Online entries close on July 9. *There are no late entries!*

We're Nothing Without Our Volunteers

An event like this requires the assistance of a great team of volunteers. We need folks to help with check-in, tracking swimmers, awards, food and kayak support. If you're sure that open water swimming isn't your thing, then come join us for a morning on the beach and help out your swimming friends. Volunteers receive an event t-shirt and all the food you can eat.

If you, or someone in your family, would like to volunteer, go to our SignUp Genius page at <https://www.signupgenius.com/go/60B084FAFA82BA4F49-2019>. Thank you!

Remember the "Little Swimmers"

The Brogan Open Water Classic is a fundraiser for the Malachi Center's Urban Kids Swim Camp. We take pride in being "Big Swimmers Helping Little Swimmers." There is a donation opportunity in both the online and paper entries. In addition to monetary donations, the kids

always need gently used swim equipment, new goggles and towels. Our goal is to make the water safe for everyone.

Training Starts Now

We hope you're putting in lots of pool time as you prepare for your open water summer. Lake Erie is warming up quickly (54 degrees as of this writing) and we'll soon be swimming out of Columbia Beach in Bay Village.

If you want to be part of the action, go to <https://www.facebook.com/broganopenwaterclassic/> and like our page. We'll be posting swim dates there, and on the O*H*I*O Masters Facebook page.

See you in the lake soon!

Article by Chuck Beatty Photo by Patrick Wilson

2019 Pieter Cath Memorial Inter-Squad SCY Swim Meet

Winter weather was not a deterrent for more than 80 master swimmers attending the Pieter Cath Memorial Inter-Squad short course yards swim meet on January 27 at Lakewood High School Natatorium. With a record number of first time swimmers and representation of 12 different clubs this meet proved to be fast and fun.

Congratulations to all who came to swim in the many different relays. A huge thank you goes out to the students from Lakewood High School American Youth Foundation for timing the meet under the direction of head timer Anne Hagenauer. Thanks to Mike Elleck for organizing our after meet social at Around the Corner tavern which featured pizza, appetizers and unlimited soft drinks for hungry and thirsty swimmers and their family members.

To all our First Timers - Congratulations! RuthAnn Day, Kayla Eland, Syd Eltringham, Charlie Farrell, Carla Forero, JJ Good, Donald Harrington, David Hart, Ashley Hartman, Gabrielle Horstman, Sona Jarosova, Richard Mitchell, and Stephanie Munkachy



CSU SCY Swim Meet



Saturday, March 23, First Timers

Samantha Damstetter, Anthony DiGiacobbe, Jon Ekas, Adam Hennessey, Caroline Ritenour, Kris Meekins, Atahan Yaya



Sunday, March 24, First Timers

Marissa McFarland, Dawn Carlin, Victoria Palagiano, Nathan Braswell, Jack Harlan

Swimmers throughout the greater Cleveland area as well as Pennsylvania came to the Busby Natatorium at Cleveland State University to swim all sorts of events over the course of 2 days in March. New to the meet this year were 25 yard events of all 4 strokes. How fun is that? Many swimmers remarked they hadn't competed in a 25 yard event since they were 8 years old and it was fun to channel that inner youth once again. Among the many swimmers were 13 First Timers taking to the blocks. Thanks to Cleveland State University Swim and Dive team for providing the timers. Masters swimmers are a fun and fast bunch with the college swimmers supporting the meet it is our hope they will join our ranks in the future. No need to travel far for the post meet social was held at the pool featuring pizza, pasta and salad from Rascal House.



Cleveland State University Swim & Dive Team

Swimmer Spotlight: Keith Owen

Meet Keith Owen, Rector at St. Peter's Episcopal Church in Lakewood, and current Treasurer of O*H*I*O Masters. Keith first got his feet wet with O*H*I*O Masters about five years ago, when a current Lakewood swimmer extended an invite for a free week trial. He came back two years later to join the group and has been a member ever since. Growing up in Virginia Beach, Keith began swimming in the water at the age of six, but never swam competitively. "I never learned such things as "streamlining," "balance," "flip turns" or any of the nifty ways one goes faster," Keith says. "I never swam a single stroke of butterfly until two years ago, and all my strokes were stylistic messes. Thanks to Bob and many team members who suggested improvements. I now swim a mean "butterflail," but I'm getting there," says Keith. Keith has swam in a variety of masters swim meets, but his "favorite" swim experience is yet to come. He says, "A goal yet to achieve is to gain some open water experience and then go on one of those posh swimming vacations in some exotic locale!" We hope you do that, Keith, and please bring us all along! If you see Keith on the pool deck (not on Sundays), make sure to say hello and thank him for his service to O*H*I*O Masters.



Top Ten Recognition

Each year USMS compiles a listing of every age group and swimming event for Long Course Meters (LCM), Short Course Meters (SCM), and Short Course Yards (SCY). At the end of each respective season the Top 10 in each event are recognized. The following is a list of Lake Erie LMSC swimmers who achieved Top 10 Rankings in events swum in a 25-meter pool between January 1, 2018 and December 31, 2018. Congratulations to each of them!

2018 USMS Top 10 SCM for Lake Erie LMSC

Women 18-24 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
5	100 Breast	Mackenzie Schley	21	UC18	Lake Erie	1:29.46
4	200 Breast	Mackenzie Schley	21	UC18	Lake Erie	3:14.50

Women 65-69 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
5	100 Free	Diane F Spence	65	O*H*	Lake Erie	1:16.94
6	200 Free	Diane F Spence	65	O*H*	Lake Erie	2:48.30
5	400 Free	Diane F Spence	65	O*H*	Lake Erie	5:48.97
5	800 Free	Diane F Spence	65	O*H*	Lake Erie	12:09.55
3	1500 Free	Diane F Spence	65	O*H*	Lake Erie	23:01.34
6	100 Breast	Diane F Spence	65	O*H*	Lake Erie	1:41.09
5	200 Breast	Diane F Spence	65	O*H*	Lake Erie	3:38.92
5	200 IM	Diane F Spence	65	O*H*	Lake Erie	3:20.05

Women 80-84 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
6	50 Free	Anitra Lilly	82	MEDM	Lake Erie	54.50
5	50 Back	Anitra Lilly	82	MEDM	Lake Erie	1:02.14
5	100 Back	Anitra Lilly	82	MEDM	Lake Erie	2:16.28

Men 25-29 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
9	200 Free	Greg A Pristov	28	O*H*	Lake Erie	2:03.27
6	800 Free	Andrew McCollister	26	O*H*	Lake Erie	9:29.15
2	1500 Free	Andrew McCollister	26	O*H*	Lake Erie	17:42.86
8	1500 Free	Aaron Foreman	26	O*H*	Lake Erie	20:29.72

Men 30-34 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
9	100 Back	Ehren T Eschmann	33	O*H*	Lake Erie	1:12.24
7	200 Back	Ehren T Eschmann	33	O*H*	Lake Erie	2:42.85

Men 55-59 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
9	100 Free	Amro A Hassan	59	MEDM	Lake Erie	1:00.23

Men 65-69 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
3	200 Free	Edward J Borsuk	65	O*H*	Lake Erie	2:21.02
3	400 Free	Edward J Borsuk	65	O*H*	Lake Erie	5:03.96
4	800 Free	Edward J Borsuk	65	O*H*	Lake Erie	10:43.86
7	400 IM	Nick Douglass	69	O*H*	Lake Erie	6:45.23

Men 70-74 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
6	100 Breast	Levente G Batizy	72	O*H*	Lake Erie	1:32.90
9	100 Fly	Thomas W Motheral	70	O*H*	Lake Erie	1:33.15
10	100 IM	Levente G Batizy	72	O*H*	Lake Erie	1:24.45

Men 80-84 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
5	50 Free	Sid Hall	83	O*H*	Lake Erie	39.82
5	100 Free	Sid Hall	83	O*H*	Lake Erie	1:33.73
5	200 Free	Sid Hall	83	O*H*	Lake Erie	3:27.28

Men 85-89 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	Yoshi Oyakawa	85	O*H*	Lake Erie	43.52
5	100 Free	Yoshi Oyakawa	85	O*H*	Lake Erie	1:45.00
10	400 Free	Deane Malaker	86	O*H*	Lake Erie	11:09.31
1	50 Back	Yoshi Oyakawa	85	O*H*	Lake Erie	43.30
2	100 Back	Yoshi Oyakawa	85	O*H*	Lake Erie	1:53.37

Men 90-94 SCM (2018)

Place	Event	Name	Age	Club	LMSC	Time
4	50 Free	John R Daily	91	O*H*	Lake Erie	1:05.91
1	100 Free	John R Daily	91	O*H*	Lake Erie	2:26.15
2	50 Back	John R Daily	91	O*H*	Lake Erie	1:20.35
2	100 Back	John R Daily	91	O*H*	Lake Erie	2:52.78
2	200 Back	John R Daily	91	O*H*	Lake Erie	6:07.62

2018 USMS Top 10 SCM Relays for Lake Erie LMSC

Men 280-319 SCM (2018)

Place	Event	Club	LMSC	Swimmers (age)	Time
6	800 Free Relay	O*H*	Lake Erie	Bruce C Allen (71) Robert G McDonald (69) Thomas E Spence (74) Lawrence A Terkel (71)	14:30.59

Mixed 200-239 SCM (2018)

Place	Event	Club	LMSC	Swimmers (age)	Time
9	400 Free Relay	CAQT	Lake Erie	Thomas W Stebel (56) Dee Shedlow (53) David M Douglass (64) Angelisa Crognale (40)	6:20.00

Mixed 280-319 SCM (2018)

Place	Event	Club	LMSC	Swimmers (age)	Time
4	200 Medley Relay	O*H*	Lake Erie	Yoshi Oyakawa (85) Melinda J Smith (66) Nick Douglass (69) Marilyn Douglass (69)	3:02.42
4	400 Medley Relay	O*H*	Lake Erie	Marilyn Douglass (69) Nick Douglass (69) Melinda J Smith (66) Yoshi Oyakawa (85)	6:51.35
2	800 Free Relay	O*H*	Lake Erie	Nick Douglass (69) Yoshi Oyakawa (85) Marilyn Douglass (69) Melinda J Smith (66)	13:37.75

Lake Erie Local Masters Swimming Committee

Chair	Jay DeFinis
Vice Chair	
Secretary	Ashley Braniecki
Treasurer	Mark Marshfield
Registrar	Marilyn Douglass
Sanctions	Diane Spence
Top Ten	Melinda Smith
Coaches	Robert Babiak
Officials	Thomas Gorman
Newsletter	Nick Douglass
Webmaster	Jennifer Norton
Fitness	Ann Marshfield
Open Water	Chuck Beatty
Safety	Harry Greenfield

Board Members

Paul Berman	Andrea Hahn-Lawson
Judi Norton	Christine Shifa
Anne Marshfield	Dee Shedlow



June 1 through June 10 is Try Masters Swimming Week, a FREE initiative where anyone ages 18 and up can try out the many benefits of swimming at one of our participating U.S. Masters Swimming clubs across the U.S. With a few simple steps, you could be swimming!